

SONIC



1.

**SONIC
FLAT FOLD**



2.

**PRESS DOWN ON THE
MASK:**



3.

**PERFORM A SEAL
CHECK:**



4.

**WEAR AND REMOVE
THE MASK SAFELY:**

1. Press down on the mask: Gently press down on the mask along the edges to ensure a snug fit against your face, pay special attention to the sides, making sure there are no gaps
2. Perform a seal check: Cover the mask with your hands without pressing too hard, and inhale gently. The mask should collapse inward slightly as you breathe in, indicating a proper seal. If air leaks around the edges, adjust the mask or the nose bridge strip to improve the seal.
3. Perform a fit check: Move your head around and talk a little to ensure the mask stays in place and remains comfortable without slipping or shifting, adjust as needed for a secure and comfortable fit.
4. Avoid touching the mask: Once the mask is on and properly fitted, avoid touching the front of the mask, if you need to adjust it or remove it, do so by handling the ear loops or headbands.
5. Wear the mask properly: Keep the mask on your face at all times, when in potentially contaminated environments, ensure it covers both your nose and mouth
6. Remove the mask safely: To remove the mask, use the ear loops or headbands. Do not touch the front of the mask. Discard the mask in a proper waste bin or store it in a clean resealable bag if you plan to reuse it.