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1. Loosen all the straps.

2. Pull the neck strap over your head and place it around your neck.

3. Place the top portion of the facepiece on the bridge of your nose and swing the bottom of the facepiece inward.

4. Pull the cradle headband over your head until it straddles the crown of your head.

5. Pull the ends of the cradle headband straps to tighten the cradle around the crown of your head.

6. Pull the ends of the neck strap to tighten the neck strap around your neck.

7. Adjust the cradle headband and neckstraps for a comfortable and secure fit.

8. Place your palms over cartridges lightly. Gently inhale so that the facepiece collapses slightly and hold breath for ten seconds. The facepiece will remain collapsed while the breath is held unless there is a leak in the seal. The respirator must pass this fit check before the respirator is used.

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*Before use, please read and familiarize yourself with the Advantage 200 LS Instruction Manual.